



Fond du Lac Recreation Department
Fond du Lac School District
72 W. 9th Street
Phone: 929-2885 / Hotline: 906-6666



2025
MIDDLE SCHOOL
GIRLS BASKETBALL LEAGUE

The purpose of the league will be:

1. To provide competitive activities for the maximum number of girls possible in the program.
2. To develop a girl's high standards of conduct in this activity program, which is accomplished through the leadership of the coaches, parents, and schools.
3. The philosophy of the FDL-SD Comm Ed & Recreation Department is to develop leagues and programs that contribute to the health and well-being of each student/athlete. The emphasis in all programs is on fun, participation, and skill development.

RULES

1. The league will be limited to a maximum of 3 games played each evening at each location. The first game shall begin at 5:30 p.m. League play will begin the second week of January. To assure close adherence to the time schedule, coaches, and team members should arrive for 2nd and 3rd games at least 15 minutes prior to scheduled games starting times.
2. Students playing in the FDL-SD Comm Ed & Rec Dept Middle School Basketball Leagues must be students in the schools for which they are playing. Exceptions should be directed to the FDL-SD Comm Ed & Rec Dept. Public school students playing in the league must abide by the Board approved Student Athletic Code.
3. A minimum of four players shall be on the floor to start a game.
4. A straight schedule will be played, there will be no make-up games re-scheduled.
5. Teams will not shoot the bonus until the 7th personal foul during each half. The double bonus shots will begin on the 10th foul of each half.
Note: Players will foul out of the game after their **6th** personal foul.
6. All players on each team will play a minimum of one quarter of each game unless for discipline purposes as per established by each school.
7. There will be 18-minute halves with a running clock, except for time outs, injuries, any official's time out, or a player fouling out of the game; until the last two (2) minutes of each **half**. The last two minutes of

each half the clock will stop on every whistle unless a team has at least a **12**-point lead the last 2 minutes of the game.

8. Ties will be broken by a three-minute overtime period. The game will be complete after one three-minute overtime period.
9. **Overtime** = A jump ball with a three-minute overtime period, running clock until the last minute, then clock stops on every whistle. A JUMP BALL only at the beginning of the game and starting of overtime periods. Alternate possessions will be kept by the scorekeeper.
10. Two (2) full time outs per half - Do not accumulate.
11. A man-to-man defense MUST be played, but they may double-team in the free throw lane and a short distance beyond.
12. **PRESS** – **Both** teams can full court press the last two minutes of the game if the score is within 12 points or less. During a press, the team does not have to play a man-to-man defense. Last 2 minutes of the game any defense can be used.
13. Players cannot double-team the person receiving the ball from out-of-bounds. One warning will be given- then a technical foul will be called. The opposing team will be given 2 points and the ball at half court. There are no "isolation" plays.
14. The coach may call a time out to confer with the official during a dead ball. If the official erred, no time out will be charged.
15. Free Throw
 - On a free throw, no players may enter the lane until the ball hits the rim. A ball missing the rim is a turnover.
 - With a running clock- Technical Foul: No free-throws will be shot – 2 points will be awarded, and the same team will bring the ball in at half court.
 - No free-throws will be shot for any “player control” fouls; offensive fouls such as charging. The player will be assessed a personal foul, and the opposing team will bring the ball in.
 - In case of a double foul, same team keeps possession of the ball.
16. The referee shall exercise his full powers as granted by the current WIAA Basketball Rule Book in dealing with players, coaches, and spectators. For this league, two technical fouls charged against a player or a coach in a single game will result in immediate disqualification and a one game suspension. Center Directors need to record all technical fouls and report them to the supervisor when turning in game results each week. Because this is partially an instructional league, coaches will be allowed to remain in the coach’s box to instruct or communicate with players.
17. Coaches will be responsible for the player’s actions while in the school buildings. Teams unaccompanied by a coach will not be permitted to play and will forfeit the game. Any team found vandalizing school property will be suspended from the league.
18. When arriving in the building, teams playing 2nd and 3rd games may:
 - Watch the other games BUT must sit on the bleachers as a TEAM.

- Go directly to the dressing room as a TEAM. In BOTH instances, **TEAMS MUST BE UNDER THE SUPERVISION OF THEIR COACH.**

19. No valuables are to be left in players clothing; players should leave all valuables at home. No jewelry will be allowed, exception: post earrings and medical bracelets.
20. There shall be NO basket shooting between halves of games other than by the two teams scheduled at that time. Center Director should enforce this.
21. No spectators shall be permitted in the locker rooms. (If locker rooms are available).
22. The FDL-SD Comm Ed & Rec Dept reserves the right to suspend players, coaches, or teams from the league in the best interest of the league. Coaches who may be suspended shall be notified verbally within two days and will be notified in writing within five days.
23. The supervisor, center director, and scorekeeper are employees of the FDL-SD Comm Ed & Rec Dept. They have authority to order patrons to leave the facility if rules are being violated.
24. The Board of Education grants the use of the gymnasium, locker rooms, and rest rooms. All other parts of the building are "off limits" and users have no right to corridors, classrooms or stairways. If users violate these rules, they will be denied further use of the school facilities.
25. Only the scorekeeper shall be at the official's table.
26. Games WILL NOT be made up if a team does not have enough players and the team is required to forfeit.
27. Game Cancellations: **If school is cancelled due to inclement weather, all FDL-SD Comm Ed & Rec Dept after-school activities are also cancelled.** In the event of inclement weather, cancellation of games will be posted on Facebook, the FDL-SD Comm Ed & Rec Dept website (www.fdlrecdept.com), and broadcast by Radio Stations KFIZ and WFDL at 3:00^{pm} on the scheduled dates of the game.

After 3:30^{pm} a recorded message will be on the FDL-SD Comm Ed & Rec Dept Hotline (920) 906-6666 IF there is something to report.

Home teams (first team listed) provide game balls.
A regulation size basketball will be used.